

SRE YEAR 2

Dilkes Academy

2026

WHAT IS SRE?

- A planned, progressive programme of SRE gradually and appropriately begins to prepare our children for adult life. It teaches the skills they need to fully manage the natural physical and emotional changes that will happen to them as they grow and mature into healthy, confident and responsible adults.
- SRE teaches the skills children need to develop positive healthy relationships. It supports their moral development, helping them to understand themselves and to respect and care for others.
- We teach this in school, however, you as parents, are also important in teaching children about their bodies and growing up.

- PSHE covers broad areas of particular relevance and concern to children and young people today. It should ensure that every child is guaranteed a PSHE education that covers mental health and wellbeing, physical health (including healthy lifestyles and first aid) and learning about safe, healthy relationships, including understanding consent and negotiating life online.
- SRE is lifelong learning about ourselves. It includes learning about emotions, self-esteem, relationships, rights and responsibilities, sexual behaviour, sexuality and sexual health. It takes place at home, at school and other places in the community.



WHERE
DOES IT
FIT IN?

WHAT WILL BE TAUGHT?

Year Group	Topic
Year 1	Change, loss and how it feels.
Year 2	Growing, changing and the correct names for body parts. The human life cycle.
Year 3	Describing feelings and managing conflicting feelings.
Year 4	Changes at puberty. Acceptable and unacceptable physical contact.
Year 5	Changes at puberty. Acceptable and unacceptable physical contact.
Year 6	Changes at puberty; human reproduction; roles and responsibility of parents.

WHAT WILL BE TAUGHT?

In Year 2, we will cover the topic of external genitalia and body parts. This is done through a range of activities that allow the children a chance of discussion and ask questions.


Children will learn with their peers and this enables them to feel more comfortable and ensure they understand.

HOW WILL IT BE TAUGHT?

We use a range of activities to evaluate children's knowledge and what they need to learn.



We teach the scientific names for the body parts to ensure they are aware of what is being taught.



Questions will be answered as best as possible, avoiding anything that is above their current understanding and learning.

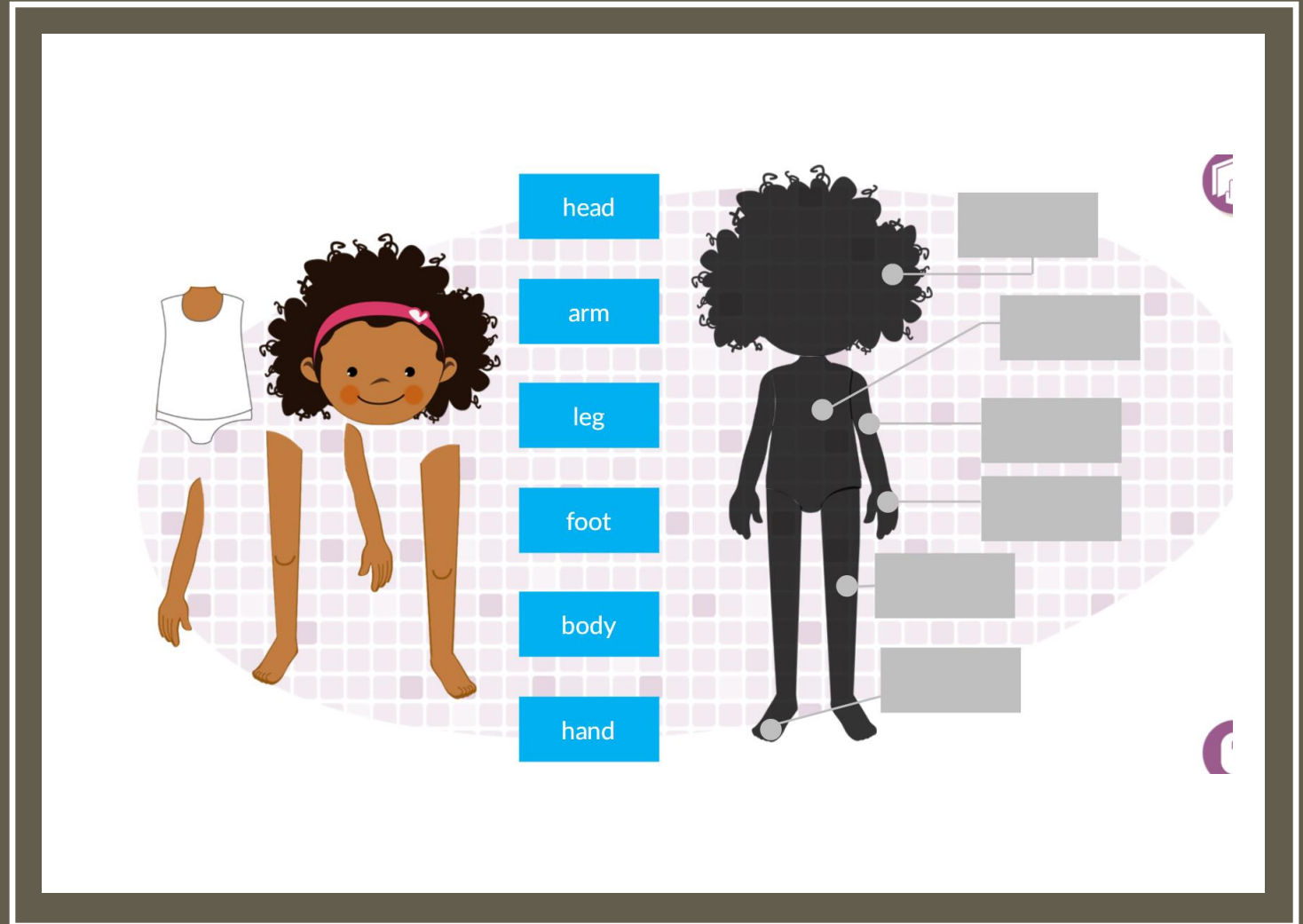
HOW WILL IT BE TAUGHT?

A website called Yasmin and Tom.

Characters are introduced and remain the same throughout the school.

Interactive and engaging activities.

<https://www.fpa.org.uk/e-learning/growing-yasmine-and-tom>



PANTS

- We use a range of activities to cover the safety aspect of teaching about body parts.
- This includes the PANTS song and resources produced by the NSPCC.
- <https://learning.nspcc.org.uk/research-resources/schools/pants-teaching>

QUESTIONS?

Do you have a question?

Please feel free to speak to your class teacher about any questions or concerns you may have.