



CATALYST

Dilkes Academy

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Tuesday 23rd September 2025

Dear Parents/Carers,

As part of your child's education at Dilkes Academy, we promote personal wellbeing and development through a comprehensive PSHE programme. PSHE is the curriculum subject that gives children the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to you to invite you to a parent information session about our curriculum which a focus on the sex and relationships education (SRE) aspect of the programme.

The resources we use are age appropriate and thoroughly researched. To give you an overview of what we will be teaching and when we will be teaching the content this year, a chance to ask questions and to view the resources being used, we will be holding a **meeting for the parents of Year 6 on Wednesday 1st October 2025 at 3.30pm**. This will be in person and held in the school hall. **Please note that the session is not suitable for children. Therefore, this is an adult only event.**

PSHE is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and leadership team. Please see the school website for more information on the PSHE programme. All PSHE teaching will take place in a safe learning environment and is underpinned by our school ethos and values.

Thank you for your continued support,

Mr R Latham
Headteacher

