



# CATALYST

## Dilkes Academy

Garron Lane, South Ockendon, Essex RM15 5JQ  
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Monday 21<sup>st</sup> July 2025

### Year 6 Swimming Lessons

Dear Parents/Carers,

The National Curriculum for P.E. includes an element of instruction and competence in swimming. At Dilkes Academy, lessons take place during Key Stage 2.

During the autumn term, we have arranged for swimming sessions for Year 6 on Tuesday afternoons at Belhus Impulse Leisure Centre. Swimming lessons for your child will begin on Tuesday 2<sup>nd</sup> September 2025 and each week the children will walk the short distance to and from Belhus Impulse Leisure Centre.

The children are taught by qualified instructors at the pool. These are swimming lessons and not recreational activities.

To cover the cost of access to the swimming pool and instructors, it is necessary to request a contribution of £4 per session, for 7 weeks, total £28. The money must be paid via Arbor either weekly, on the Tuesday before the swimming session, or the total amount for the 7 weeks can be paid in advance. Please note the first swimming session must be paid by Monday 1<sup>st</sup> September.

Please note that every child **MUST** wear a swimming hat. These can be purchased from the school, via the Arbor shop at a cost of £2.00. Girls can only wear swimming suits, as bikinis are not allowed.

Yours sincerely,

Mrs H. Nye  
Deputy Headteacher

