



**Dilkes Academy**  
 Garron Lane, South Ockendon, Essex, RM15 5JQ  
 Telephone: 01708 852128  
 Email: [admin.da@catrust.org.uk](mailto:admin.da@catrust.org.uk)  
 Headteacher: Mr R Latham BA (Hons), MA

Wednesday 13<sup>th</sup> September 2023

Dear Parents/Carers,

As part of your child's education at Dilkes Academy, we promote personal wellbeing and development through a comprehensive PSHE programme. PSHE is the curriculum subject that gives children the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to you to invite you to a parent information session about our curriculum which will focus on the sex and relationships education (SRE) aspect of the programme.

The resources we use are age appropriate and thoroughly researched. To give you an overview of what we will be teaching and when we will be teaching the content this year, a chance to ask questions and to view the resources being used, we will be holding a **meeting for parents of Year 6 on Wednesday 20th September 2023, 15:30 – 16:30**. This will be in person and held in the school hall. Please note that the session is not suitable for children.

PSHE is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and leadership team. Please see the school website for more information on the PSHE programme. All PSHE teaching will take place in a safe learning environment and is underpinned by our school ethos and values.

Thank you for your continued support,

Mr Latham

Headteacher